



ONLINE

Acceptable Use Policy (AUP) for

Classes P1 – P6

My name is _____

To stay **SAFE online and on my devices**, I follow the Digital 5 A Day and:

1. I only **USE** devices or apps, sites or games if a trusted adult says so
2. I **ASK** for help if I'm stuck or not sure
3. I **TELL** a trusted adult if I'm upset, worried, scared or confused
4. If I get a **FUNNY FEELING** in my tummy, I talk to an adult
5. I look out for my **FRIENDS** and tell someone if they need help
6. I **KNOW** people online aren't always who they say they are
7. Anything I do online can be shared and might stay online **FOREVER**
8. I don't keep **SECRETS** or do **DARES AND CHALLENGES** just because someone tells me I have to
9. I don't change **CLOTHES** or get undressed in front of a camera
10. I always check before **SHARING** personal information
11. I am **KIND** and polite to everyone

✓

My trusted adults are:

_____ at Punjabi School

_____ at home



ONLINE

Acceptable Use Policy (AUP) for Classes P1 – P6

For parents/carers

The practical steps above are based on Digital 5 a day: Easy to follow, practical steps for children and parents to achieve a healthy and balanced digital diet which can be found here:

<https://www.childrenscommissioner.gov.uk/digital/5-a-day/>

To find out more about online safety, you can read Khalsa Punjabi School Slough's (KPSS) full Online Safety Policy for more detail on our approach to online safety and links to other relevant policies (e.g. Safeguarding Policy, Behaviour Policy, etc).